

MEDISANA®

Blood glucose monitor MediTouch

Quick Reference Guide



Art. 79026 / Art. 79060

CE 0483



WARNING

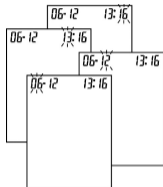
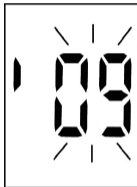
Before using the MediTouch blood glucose monitor from MEDISANA for the first time, read the INSTRUCTION MANUAL carefully. The quick reference guide is only intended for use once you are already completely familiar with how to use the monitor and with all its features and accessories.



All parts of the blood glucose monitor set can come into contact with blood and therefore present a source of potential infection.

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1 Setting the time and date (initial setting)

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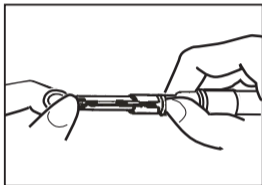


1. When you insert a battery, the monitor switches on automatically.
2. The last two digits of the year flash in the display. Press , to enter the year and press , to confirm.
3. Repeat step 2, to enter the date and time. The area flashes for the setting being made at the time.

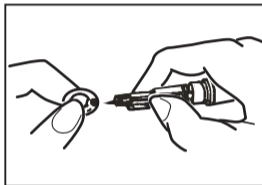
2 Inserting the lancet into the lancing device



1. Wash your hands with soap and warm water. Rinse and dry thoroughly. If necessary, wipe the skin where the blood sample will be taken with an alcohol pad.



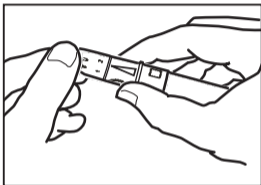
2. Open the lancing device by twisting the cap in clockwise direction and then remove it. Insert the lancet all the way into the cup (without turning it) in the lancing device.



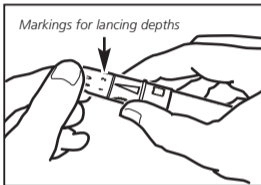
3. Twist off the protective cap of the lancet carefully, retain to aid disposal of the lancet after use.

2 Inserting the lancet into the lancing device

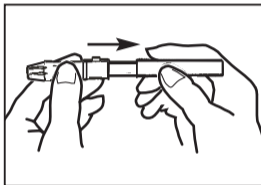
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4. Replace the cap on the lancing device and tighten by turning it in an anti-clockwise direction. To use the AST cap, consult the Instruction Manual page 21, section 5.2.3.



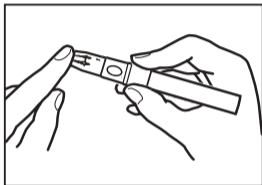
5. Set the appropriate lancing depth, as described in the Instruction Manual page 18, section 5.2.1.



6. Set the lancing device by extending it until it clicks into place. If it does not click, it is probably already in position from when you inserted the lancet.

2 Inserting the lancet into the lancing device

The lancing device is ready to use.
Do not lance your finger before the monitor and test strips are ready to use.




Draw a drop of blood by gently massaging the area. Make sure that the blood droplet does not smudge and perform the test as described in the following section.

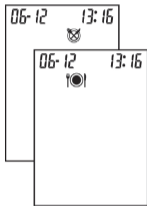
7. Once the monitor and test strips are ready and the area of skin has been cleaned, place the lancing device on a finger tip (preferably at the side) and press the trigger button.





3 Performing a blood glucose test

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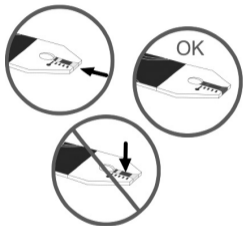
1. Insert a test strip into the monitor in the direction of the arrow.
The  symbol appears automatically.



2. Press  to set  (before a meal) or  (after a meal) and press  to confirm.



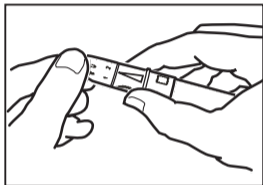
3. When the blood drop symbol  flashes in the display, take a drop of blood from your finger tip (as described in the previous section).
4. Massage the area gently to stimulate the blood circulation.



5. Place the drop onto the blood sample area on the end of the test strip.
6. Do not get any blood on the top of the test strip.

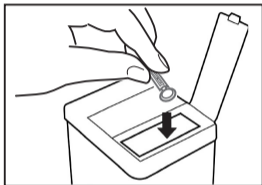


7. When a sufficient amount of blood has been absorbed by the reaction cell on the test strip you will hear a beep. After approx. 5 seconds the result appears in the display.



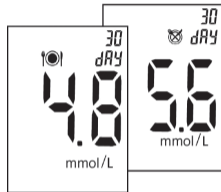
8. Open the lancing device by twisting the protective cap. Remove the used lancet, as described in the instruction manual (p. 26).





3 Performing a blood glucose test / 4 Accessing and deleting test results




container.
Replace the cap of the lancet device by twisting anti-clockwise.

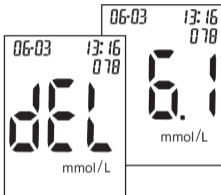
9. Dispose of the lancet with cap carefully to avoid harming and infecting others, by first pushing the point of the lancet into the flat side of the protective cap then dispose of in a suitable





1. Switch on the monitor by pressing the  button for approx. 3 seconds.
2. Press , to access the average value of saved test results from the past 30 days under , or .



3. Press , to access all saved test results one after the other in the sequence of 360 to 001, or in other words, the latest entry will be displayed first and the oldest last.

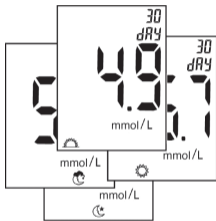






4. To delete the test results, press  for 3 seconds and "del" appears in the display.
5. Press , to view the next entry saved.

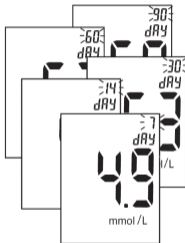
6. If no other button is pressed, the monitor switches off automatically after approx. 2 minutes.


4 Accessing and deleting test results

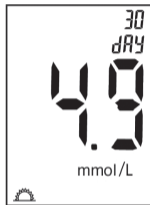
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7. Press , to access the average value which was saved with , , or  test results from the past 30 days.



8. Press , to display the average values of the past 7, 14, 30, 60 or 90 days.



9. Press , to return to the  display.
10. If no other button is pressed, the monitor switches off automatically after approx. 2 minutes.



Cause
Remedy

Damp/used test strips
Replace with a new test strip.



Low battery
Replace with a new battery.

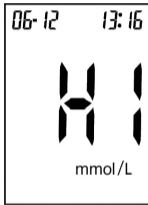
5 Error display

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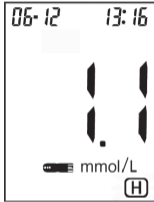
System error

First replace the battery. If error 001 appears again, get in touch with the service centre.



Test result is higher than 33.3 mmol/L.

Repeat the test. If the result does not change, consult your doctor.



Test result is between 3.3 and 1.1 mmol/L.

The symbol **H** for hypoglycemia (low glucose) is shown. Consult your doctor.



Test result is lower than 1.1 mmol/L

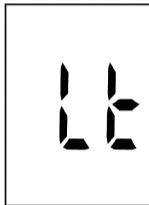
Repeat the test. If the result does not change, consult your doctor.



Ht / Lt appears. Temperature is too high or too low, not within the required range of 10 °C - 40 °C (50 °F - 104 °F).

The user is warned about a potentially incorrect test result if the test proceeds.

Move your monitor to a place with a temperature between 10 °C and 40 °C (50 °F - 104 °F).





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